

# CRAIN'S DETROIT BUSINESS

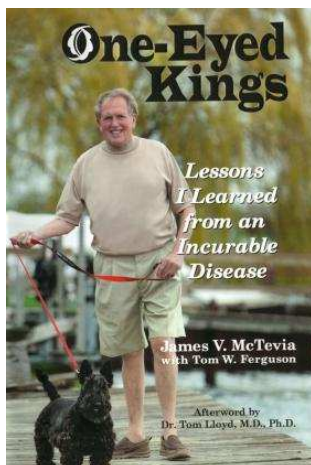
October 14, 2018 12:01 AM

## McTevia book chronicles battle with disease

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Turnaround veteran Jim McTevia is still working at 81 years old — with another birthday only weeks away. He serves on nine boards of directors, actively works with four clients and employs six at his Bingham Farms advisory firm McTevia & Associates LLC.

Retirement doesn't appear to be an option, even as an incurable neuromuscular disease is bent on slowing him down. He was diagnosed with inclusion-body myositis in 2014. In his latest book, "One-Eyed Kings," McTevia writes about the disease and overcoming the challenges of impaired movement.

"This book is really about someone who is supposed to be a nationally known problem solver that faces a problem he cannot solve," McTevia said. "But what it's really about is helping my fellow man with all the issues we face and about learning there's a hell of a lot more to be grateful for than angry about. I learned I could either sit here and let this thing make me miserable and everyone miserable around me or I could be grateful for how fortunate I've been."

Inclusion-body myositis affects thousands of Americans over 50 years old. It's an inflammatory disease that leads to muscle degeneration. McTevia, for instance, has trouble gaining balance at times and is unable to perform simple tasks like writing with a pen or buttoning a shirt. The disease is usually not life-threatening, but has no known cure.

The book journeys through McTevia's life as a "hotshot" businessman coming to terms with life's inescapable truths and brushes with humility.

McTevia hopes the book will, at least, inspire those with the disease to lead a happier life. But he also thinks the book has a broader appeal that will encourage readers to look at life differently. To that end, he's already successful.

"I'm not John Grisham. This isn't going to be a best-seller," McTevia said. "But I am getting great feedback from people who it is helping ... and I now know that's worth a million bucks."

### Inline Play

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